

818 S. Aspen, Broken Arrow, OK 74012	
Planned Parenthood - West	446-8447
4733 S. Union, Tulsa, OK 74107	
Restore Hope Ministries	582-5766
2960 Charles Page Blvd., Tulsa, OK 74127	
Saint Elizabeth Lodge - Catholic Charities.....	585-5068
601 S. Elgin, Tulsa, OK 74120	
Salvation Army Center of Hope	582-7201
102 N. Denver, Tulsa, OK 74103	
Sand Springs Community Services.....	245-5183
15 E. 2nd Street, Sand Springs, OK 74063	
Skiatook Emergency Assistance Center.....	396-1137
319 E. Rogers, Skiatook, OK 74070	
Social Security Administration.....	641-2400
4750 S. Garnett Rd., Tulsa, OK 74146	
TCC Dental Hygiene Clinic.....	595-7022
909 S. Boston, Rm AMP300, Tulsa, OK 74119	
The Ministry Center	585-5310
312 S. 33rd West Avenue, Tulsa, OK 74127	
Trinity Episcopal Church (Iron Gate Trust).....	582-4128 x117
501 S. Cincinnati, Tulsa, OK 74103	
Tulsa Center for Behavioral Health.....	293-2100
2323 S. Harvard, Tulsa, OK 74114	
Tulsa County Social Services.....	596-5560
2401 Charles Page Blvd., Tulsa, OK 74127	
Veterans Mental Health Clinic - USVA	835-5033
10159 E. 11th Street, Tulsa, OK 74128	
Veterans Outpatient Clinic - USVA.....	764-7243
9322 E. 41st Street, Tulsa, OK 74145	
Western Neighbors.....	445-8840
4981 S. Tacoma, Tulsa, OK 74107	
Xavier Medical Clinic - Catholic Charities	583-7233
2448 E. Admiral Blvd., Tulsa, OK 74104	
Youth Services of Tulsa.....	582-0061
311 S. Madison, Tulsa, OK 74120	

Tulsa Area Free Clinic Coalition Directory

Mission Statement

The Tulsa Area Free Clinic Coalition was formed in January 2002
with the following mission:

**To Promote and support those providing
compassionate healthcare to the medically
underserved in the Tulsa area.**

Purpose Statement

**To promote networking and open
communication amongst the Tulsa Area
Free Clinics with the goal of providing
services to the medically needy of Tulsa
without duplication of services.**

Health Dept. - Lucille Page Dental Clinic	591-6100
306 E. Broadway, Sand Springs, OK 74063	
Health Dept. - Sand Springs	591-6100
306 E. Broadway, Sand Springs, OK 74063	
Health Dept. - Vital Records Birth & Death Certificates	594-4840
315 S. Utica, Tulsa, OK 74104	
Housing Authority - City of Tulsa	582-0021
415 E. Independence, Tulsa, OK 74106	
Immanuel Baptist Church - Operation Share	587-8431
1915 E. 3rd Street, Tulsa, OK 74104	
Indian Health Care Resource Center	588-1900
550 S. Peoria Ave., Tulsa, OK 74120	
John 3:16 Mission	587-1187
506 N. Cheyenne, Tulsa, OK 74103	
LIFE Senior Services	664-9000
5950 E. 31st Street, Tulsa, OK 74135	
Loaves and Fishes	234-8577
11321 E. 19th St., Tulsa OK 74128	
Manna House	836-5541
4921 E. Admiral Pl, Tulsa, OK 74115	
Mend Medical Clinic & Pregnancy Resource Center	745-6000
6216 S. Lewis #100, Tulsa, OK 74136	
Mental Health Association	585-1213
1870 S. Boulder, Tulsa, OK 74119	
Metropolitan Tulsa Transit Authority (MTTA)	585-1195
510 S. Rockford, Tulsa, OK 74120	
Morton Comprehensive Health Services	587-2171
1334 N. Lansing, Tulsa, OK 74106	
Morton Comprehensive Health Services - East	295-6185
11520 E. 21st, Tulsa, OK 74128	
Neighbor for Neighbor	425-5578
505 E. 36th St. N., Tulsa, OK 74106	
Neighbors Along the Line	582-3491
5000 W. Charles Page Blvd, Tulsa, OK 74127	
OU Bedlam Clinic	660-3614
1111 S. St. Louis, Tulsa, OK 74104	
Owasso Community Resources	272-4969
109 N. Birch, Ste. 109, Owasso, OK 74055	
Parent Child Center	599-7999
1421 S. Boston, Tulsa, OK 74119	
Park Plaza Church of Christ	665-2409
5925 E. 51st Street, Tulsa, OK 74135	
Planned Parenthood	587-1101
1007 S. Peoria, Tulsa, OK 74120	
Planned Parenthood - Broken Arrow	258-2952

Agency Addresses

Arms Around BA.....258-7714
 114 E. Dallas, Broken Arrow, OK 74012

Associated Centers for Therapy492-2554
 7010 S. Yale, Ste 215, Tulsa, OK 74136

Bixby Community Outreach Center366-9226
 10 East Dawes, Bixby, OK 74008

Boston Avenue Helping Hands582-1356
 Bernsen Community Life Building 700 S. Boston 74119

Broken Arrow Neighbors251-7781
 322 W. Broadway, Broken Arrow, OK 74011

Catholic Charities585-8167
 739 N. Denver, Tulsa, OK 74106

Child Care Resource Center834-2273
 18 N. Norwood, Tulsa, OK 74115

Christ for Humanity836-2424
 6314 E. 13th St., Tulsa, OK 74112

Credit Counseling Centers of Oklahoma.....744-5611
 4646 S. Harvard, Tulsa, OK 74135

Credit Counseling Centers of Oklahoma - Broken Arrow.....258-6545
 317 S. Main, Broken Arrow, OK 74012

Day Center for the Homeless.....583-5588
 415 W. Archer, Tulsa, OK 74103

Department of Human Services - Downtown581-2401
 444 S. Houston, Tulsa, OK 74127

Department of Human Services - Broken Arrow294-2000
 5051 S. 129th E. Ave., Tulsa, OK 74134

Department of Human Services - McLain.....430-2300
 3666 N. Peoria, Tulsa, OK 74106

Department of Human Services - Skyline.....280-3100
 6128 E 38th Street, Suite 200, Tulsa, OK 74135

Dream Center430-9984
 200 W. 46th St. N., Tulsa, OK 74126

Eastern Okla Donated Dental Services.....748-5544
 3741 S. Peoria Ave., Tulsa, OK 74112

Emergency Infant Services582-2469
 222 S. Houston Ave., Tulsa, OK 74119

Family & Children’s Mental Health Services712-4301
 2325 S. Harvard #400, Tulsa, OK 74114

First Baptist Church of Tulsa587-6068
 305 S. Detroit, Tulsa, OK 74120

Health Dept. - Division of Community Dentistry.....594-4860
 315 S. Utica, Tulsa, OK 74104

Health Dept. - East Regional.....582-9355
 5051 S. 129th E. Ave., Tulsa, OK 74134

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Arms Around BA Minor Medical Services

114 East Dallas
Broken Arrow, OK 74012

Phone: (918) 258-7714

Fax: (918) 258-7714

Email: None

Website: None

Clinic Director:

Ministry Director:

Hours: Tuesday 6:00 pm — 8:00 pm

First come-first served basis

Fees: None

Eligibility: Broken Arrow or Coweta resident.
No insurance or underinsured.

Services: Provides healthcare for adults, children, and the elderly.
Provides minor medical assistance only.
Does not provide emergency or long term care services.

Rx Assistance: On-site medication samples as available.
Prescriptions are available from the doctor at the Arms Around BA Medical Clinic.

Interpreters: Spanish, Russian, American Sign Language, and Vietnamese

- Tulsa Center for Behavioral Health.....293-2100
7 days/week 24 hours/day
- USVA Veterans Mental Health Clinic835-5033
M-F 8AM-4:30PM
- Youth Services of Tulsa582-0061
7 days/week 24 hours/day

Children's Services

- Child Care Resource Center834-2273
M, T, W, F 8AM-5PM; Th 8AM-8PM
- DHS Child Welfare430-2300
M-F 8AM-5PM 24 hr crisis
584-1222
- Emergency Infant Services.....582-2469
M, T, W, F 9AM-12:30PM
- Mend Pregnancy Resource Center745-6000
M-F 9AM-4:30PM, S 9AM-12noon
- Parent Child Center599-7999
M-F 8:30AM-5PM

Other

- Credit Counseling Centers of Oklahoma.....744-5611
M-Th 8AM-7PM, F 8AM-5PM; Sat 8:30AM-12noon
 - Health Department - Birth/Death Certificates.....594-4840
M-F 8:30AM-4PM
- East*
- Credit Counseling Centers of Oklahoma - Broken Arrow.....258-6545
M-F 8AM-5PM

Crisis Lines

- Call Rape7HELPME
- Child/Elder Abuse Hotline.....1-800-522-3511
- COPES (mobile mental health-all ages).....744-4800
- DVIS (Domestic Violence Intervention)743-5763
- Helpline.....2-1-1 or 836-4357
- Mental Health Association293-2100
- National AIDS Hotline1-800-342-2437
- National Suicide Hotline.....1-800-273-8255
- Spanish AIDS Hotline1-800-344-7432
- Youth Services Crisis Line582-0061

- Sand Springs Community Services245-5183
M-Th 9AM-3PM
- The Ministry Center585-5310
by appointment
- Western Neighbors.....445-8840
M-F 9AM-2PM

Eyeglasses/Vision Care

- Indian Health Care Resource Center382-1263
M, Tu, W, F 8AM-5PM, Th 10AM-7PM; 1st W 1PM-5PM
- Neighbor for Neighbor425-5595 x119
M-W 6PM
- Sight for Students.....1-888-290-4964
Vision Service Plan - call for local contact

Dental Care

- Health Department - Community Dentistry594-4860
M, W, Th 8AM-5PM
- Eastern OKla Donated Dental Services.....742-5544
Dental Services for Disabled and Elderly
- Indian Health Care Resource Center382-1257
M, Tu, W, F 8AM-5PM; Th 10AM-7PM; 1st W 1PM-5PM
- Morton Comprehensive Health Services - Dental Clinic295-6145
M, T, W, F 8:30AM-5:30PM; Th 9:30AM-5:30PM
- Neighbor for Neighbor425-5595 x122
Call Tuesdays at 10AM for an appt. the next week
- TCC Dental Hygiene Clinic.....595-7022
M-Th 8:30AM-4:30PM; F 8:30AM-12noon

West

- Lucille Page Dental Clinic (youth only)591-6100
Th 8AM-5PM

Counseling/Mental Health

- Associated Centers for Therapy492-2554
M, W, F 8AM-5PM; Tu, Th 8AM-7PM
- Family & Children's Services Counseling.....587-9471
M-F 8AM-5PM
- Indian Health Care Resource Center382-1241
M, T, W 8AM-6PM; Th 10AM-7PM; F 8AM-5PM; 1st W 1PM-5PM
- Mental Health Association585-1213
M-F 8:30AM-5PM
- Parent Child Center599-7999
M-F 8:30AM-5PM

Broken Arrow Neighbors

322 Broadway
Broken Arrow, OK 74012

Phone: (918) 251-7781

Fax: (918) 251-9108

E-mail: bankim@valornet.com

Web Site: www.baneighbors.com

Clinic Director: Kim Goddard

Clinic Hours: **Monday 5:30 pm — 7:00 pm**

** No clinic on 5th Monday of the month*

**Please call each Monday to confirm*

Fees: None

Eligibility: Persons in need.
No geographical boundaries.

Services: Clinic offered to adults, children, and the elderly with minor illnesses only.
** No lab, x-rays, immunizations, or TB testing*

Rx Assistance: Usually at same visit and on-site or referrals given.
** No Narcotics Available.*

Diabetic Supply: Some Assistance Provided.

Interpreters: Spanish (Occasionally)

Broken Arrow Neighbors *continued*:

Other Services: Food Pantry & Clothing Assistance
available to residents of Broken Arrow,
Coweta, and agency referrals.

Monday—Thursday
9:00 am — 4:00 pm
*Closed on Fridays

Some financial assistance for utility
disconnects and eviction notices.

- Arms Around BA**258-7714
(BA/Coweta res. only) Tu 6PM-8PM
- Health Department - East Regional**.....582-9355
M-F 8AM-5PM
- Morton Comprehensive Health Services - East**295-6185
M-F 8:30AM-5:30PM
- Planned Parenthood - Broken Arrow**.....258-2952
M, W, F 7:30AM-5PM; Tu 7:30AM-6PM

West

- Health Department - Sand Springs**591-6100
M-F 8AM-5PM
- Neighbors Along the Line**582-3491
M 5:30PM; W 5:30-8PM (specialty clinics); Th 11AM-3PM
- Planned Parenthood - West**446-8447
M, Tu, F 8:30AM-5PM; W 8:30AM-5:30PM; Th 8:30AM-6PM

Prescriptions/Prescription Assistance

- Boston Avenue Helping Hands**584-6923
M-F 9AM-12noon
- Good Samaritan Health Services**493-7884
contact agency for locations and times
- LIFE Senior Services**664-9000
Helps with Medicare Prescription Benefit Assistance
M-F 8AM-5PM

- Neighbor for Neighbor**764-9565
M-Th 10AM-12noon & 1PM-3PM
- Tulsa County Social Services Pharmacy**596-5560
M-F 8:30AM-5PM

North

- Owasso Community Resources**.....272-4969
M-Th 9AM-2PM
- Skiatook Emergency Assistance Center**396-1137
M-F 10AM-4PM

South

- Bixby Community Outreach Center**366-9226
(Bixby res. only) T, Th 9AM-4PM

East

- Arms Around BA**.....258-7714
(BA/Coweta res. only) Tu 6PM-8PM
- Broken Arrow Neighbors**251-7781
(BA/Coweta res. only) M-Th 9AM-4PM

West

- Neighbors Along the Line**582-3491
M 5:30PM; Th 11AM-3PM (during clinic hours)

Transportation: Bus Passes & Tokens

- Neighbor for Neighbor425-5578
M-Th 9AM-12noon; 1PM-3PM
 - MTTA Bus Schedule Info582-2100
 - MTTA Lift Program (disabled)592-5438
- East*
- Broken Arrow Neighbors251-7781
(BA/Coweta res. only) M-Th 9AM-4PM

Health Care Services

Medical Clinics

- Babyline (prenatal appointments).....838-0694
M-F 9AM-5PM
- Dream Center430-9984
Call agency for clinic dates and times.
- Good Samaritan Health Services493-7884
contact agency for locations and times
- Health Department - Central594-4762
M-F 8AM-5PM
- Indian Health Care Resource Center382-1224
M, T, W, F 8AM-5PM; Th 10AM-7PM; 1st W 1-5PM
- Kidsline (pediatric appointments).....583-5437
M-F 8:30AM-5PM
- Morton Comprehensive Health Services.....587-2171
M, W, Th, F 8:30AM-5:30 PM; Tu 8:30AM-7PM; Sa 9AM-1PM
- Neighbor for Neighbor764-9565
M-W 6PM;Tu 1PM & 6PM; Th 1PM & 5PM
call at 10 AM for same day appointment
- OU Bedlam Clinic.....660-3614
Tu & Th 6PM-10PM; arrive before 5PM for triage
- Planned Parenthood.....587-1101
M 8:30AM-7PM; Tu, Th 7:30AM-8PM; W, F 8:30AM-5PM; Sa 9AM-1PM
- Tulsa County Social Services Medical Clinic.....596-5560
M-F 10AM-12noon
- USVA Veterans Outpatient Clinic764-7243
M-F 7:30AM-4PM
- Xavier Medical Clinic (Catholic Charities).....583-7233
W 9AM-4PM (children AM, adults PM)

North

- Health Department - North WIC Office591-6030
M 1PM-4PM (immunizations only)

East

- Broken Arrow Neighbors251-7781
(BA/Coweta res. only) Sign in: M 5:30PM-7PM (no clinic on 5th Mon)

Community Health Connection

9912 E. 21st St.
Tulsa, OK 74129

Phone: (918) 622-0641

Fax: (918) 622-0683

E-mail: loriann.adams@communityhealthconnection.org

Web Site: None

Executive Director: Laurie Paul

Clinic Hours: Monday through Friday
9:00 am — 4:30 pm

Wednesday, Walk-In Episodic Clinic
5:00 pm - 9:00 pm
(First 9 only, arrive by 4:00 pm)

Saturday
9:00 am — 12:30 pm
First come, first served

Fees: Sliding Scale based on income.

Eligibility: Accept Medicare, Medicaid and most insurance providers

Services: Family Medical Practice.
Mental Health and Prenatal Care
(Lactation Consultant available)
Lab available on site
X-rays are not available on site but community referrals are available.

Community Health Connection *continued*:

Rx Assistance: Prescription programs available.

Diabetic Supply: Available

Interpreters: Spanish

- Housing Authority (long-term)582-0021
M-F 8AM-5PM
- John 3:16 Mission (men only)587-1187
Check in: Su-Sa 4:30PM
- Saint Elizabeth Lodge (Catholic Charities)585-5068
M-F 8AM-4:30PM
- Salvation Army Center of Hope.....582-7201
Check in: Su-Sa 4:30PM
- Tulsa County Social Services Emergency Shelter596-5591
7days/week 24 hours/day
- Youth Services Emergency Shelter582-0061
7days/week 24 hours/day
- YST-Transitional Living Program582-0061
(young women 16-21 yrs of age)

Clothing

- Catholic Charities585-8167
M, Tu, Th, F 9AM-2PM, W 9AM-12noon
- Christ for Humanity836-2424
M-Th 9AM-3:30PM, by appt
- First Baptist Church of Tulsa587-6068
M-Th 10AM-12noon
- John 3:16 Family and Youth Center.....592-1186
M-F 8:30AM-5PM
- Operation Share - Immanuel Baptist Church587-8431
Th, Sa 9AM-12noon
- Restore Hope Ministries.....582-5766
M-Th 11:30AM-3:30PM

North

- Dream Center430-9984
M, W, F, Sa 10AM-2PM; Tu, Th 10AM-12:45PM
- Skiatook Emergency Assistance Center396-1137
M-F 10AM-4PM

South

- Bixby Community Outreach Center366-9226
(Bixby res. only) T, Th 9AM-4PM

East

- Broken Arrow Neighbors251-7781
(BA/Coweta res. only) M-Th 9AM-4PM

West

- Sand Springs Community Services245-5183
M-Th 9AM-3PM
- The Ministry Center585-5310
by appointment
- Western Neighbors.....445-8840
M-F 9AM-2PM

Financial Assistance

- Boston Avenue Helping Hands582-1356
M-F 9AM-12noon
- DHS - Skyline (TANF)280-3100
M-F 8AM-5PM
- Restore Hope Ministries.....582-5766
M-Th 11:30AM-3:30PM
- Salvation Army Center of Hope.....582-7201
Call for appointment M-Th 2-2:30PM
- Social Security Administration.....641-2400
M-F 9AM-4PM

North

- DHS - McLain (TANF).....430-2300
M-F 8AM-5PM
- Owasso Community Resources.....272-4969
M-Th 9AM-2PM
- Skiatook Emergency Assistance Center396-1137
M-F 10AM-4PM

South

- Bixby Community Outreach Center366-9226
(Bixby res. only) T, Th 9AM-4PM

East

- Arms Around BA.....258-7714
M,W, F 10AM-2PM
- Broken Arrow Neighbors251-7781
(BA/Coweta res. only) M-Th 9AM-4PM
- DHS - Broken Arrow (TANF)294-2000
M-F 8AM-5PM

West

- DHS - Downtown (TANF).....581-2401
M-F 8AM-5PM
- Sand Springs Community Services245-5183
M-Th 9AM-3PM
- Western Neighbors.....445-8840
M-F 9AM-2PM

Shelter/Housing

- Day Center for the Homeless.....583-5588
Day program: 8AM-4PM; Night program: 5:30PM-7AM
- DaySpring Villa (women & children)245-4075
7 days/week, 24 hours/day
- DVIS (abused women & children)585-3143
7days/week, 24 hours/day7HELPME

Good Samaritan Health Services

7600 South Lewis
Tulsa, OK 74136

Phone: (918) 493-7884

Fax: (918) 493-7867

E-mail: lhersey@inhisimage.org

Web Site: www.goodsamaritanhealth.org

Clinic Contact: Lynn Hersey

Clinic Director: Dr. John Crouch

Hours: Contact Agency

Mobile Clinic at following sites: (Please arrive one hour early)

Monday Mornings: Friendship Church
1709 N. Madison Ave.
9:00 am — 11:00 am

Monday Evenings: Tulsa Christian Fellowship
2121 East 3rd Street
6:00 pm — 8:00 pm

Tuesday Evenings: Evangelistic Temple Storehouse
1322 E. 55th Street
6:00 pm — 8:00 pm

Wednesday Mornings: Parkland Baptist Church
2121 N. Harvard Ave.
9:00am — 11:00 am

1st Wednesday Evening: New Heights Church
106 N Main Street—Owasso
6:00 pm — 8:00 pm

Good Samaritan Health Services *continued*:

2nd and 4th

Wednesday Evening: Comanche Park Apartments
36th Street North and Peoria
5:00 pm — 7:00 pm

Thursday Morning: Riverside Baptist Church
6363 S. Peoria
9:00 am — 11:00 am

1st and 3rd Thursday Evening: Memorial Baptist Church
2800 S. Yale
6:00 pm — 8:00 pm

2nd Thursday Collinsville Church of Christ
1010 Broadway, Collinsville
6:00 pm - 8:00 pm

1st and 3rd Saturday Morning: John 3:16 Mission
506 North Cheyenne
10:00 am — 12:00 pm

1st and 3rd Saturday Afternoon: Indian Springs Apartments
2177 West Jasper, Broken Arrow
2:00 pm — 4:00 pm

1st and 3rd Saturday Evening: Christ the Lamb Miracle Church
4635 S. Madison Place
(Off 48th St. from S. Peoria)
6:00 pm — 8:00 pm

- Owasso Community Resources.....272-4969
M-Th 9AM-2PM
- Skiatook Emergency Assistance Center396-1137
M-F 10AM-4PM

South

- Bixby Community Outreach Center366-9226
(Bixby res. only) T, Th 9AM-4PM

East

- Arms Around BA.....258-7714
M, W, F 10AM-2PM
- Broken Arrow Neighbors251-7781
(BA/Coweta res. only) M-Th 9AM-4PM
- DHS - Broken Arrow (Food Stamps)294-2000
M-F 8AM-5PM

West

- DHS - Downtown (Food Stamps).....581-2401
M-F 8AM-5PM
- Neighbors Along the Line582-3491
T, Th 1:30PM-3:30PM; W 5:30-7:30PM
- Sand Springs Community Services245-5183
M-Th 9AM-3PM
- The Ministry Center585-5310
by appointment
- Western Neighbors.....445-8840
M-F 9AM-2PM

Meals

- Iron Gate Trust - Trinity Episcopal Church582-4128 X117
Breakfast M-F 8:30-10:30AM; Sa-Su 8-10AM
- John 3:16 Mission.....587-1187
6PM chapel, meal (chapel required)
- Meals on Wheels.....627-4103
Meals for the homebound
- Salvation Army Center of Hope.....582-7201
1-2PM lunch
- Sodexo Senior Nutrition835-4160
Lunch at various locations
- Tulsa County Social Services.....596-5560
5:30PM dinner

North

- Dream Center430-9984
T, Th 12noon-1PM

Useful Numbers

Basic Emergency Assistance

Food

- Angel Food**.....258-8352
call for a location close to you (co-op reduced cost food)
- Boston Avenue Helping Hands**582-1356
M-F 9AM-12noon
- Catholic Charities**585-8167
M-F 8AM-4:30PM
- Christ for Humanity**.....836-2424
M-Th 9AM-3:30PM, by appt
- DHS - Skyline (Food Stamps)**280-3100
M-F 8AM-5PM
- First Baptist Church of Tulsa**587-6068
M-Th 10AM-11AM
- Heartland Share**1-800-742-7307
call for a location close to you (co-op reduced cost food)
- Iron Gate Trust - Trinity Episcopal Church**582-4128 X117
Fri 8:30-9:30AM
- John 3:16 Family and Youth Center**.....592-1186
M-F 8:30AM-5PM
- Loaves and Fishes**.....234-8577
Sign in: M, W 12noon
- Manna House**836-5541
Tu & W 11AM-1PM
- Neighbor for Neighbor**425-5578
M-Th 9AM-12noon; 1PM-3PM (first 50 at 9AM & 1PM)
- Operation Share - Immanuel Baptist Church**.....587-8431
Th, Sa 9AM-12PM Limited area-please call
- Park Plaza Church of Christ**665-2409
M-Th 10AM-3PM
- Restore Hope Ministries**.....582-5766
M-Th 11:30AM-3:30PM
- WIC toll free number**.....1-888-655-2942

North

- DHS - McLain (Food Stamps)**430-2300
M-F 8AM-5PM
- Dream Center**430-9984
T, Th 12noon-1PM
- Kendall-Whittier, Inc.**592-3000
Call to leave message - only serves Kendall Whittier area.

Good Samaritan Health Services *continued*:

Fees: None

Eligibility: No insurance. Inability to pay.

Services: **Clinic** offered to adults, children, and elderly. Limited laboratory services.

- Lab:**
- ★ Hematocrit
 - ★ HgA1C
 - ★ Lipid profile
 - ★ Urine dipsticks
 - ★ UCG
 - ★ Rapid Strep

EKG, Doppler, Nebulizer/Pulse

Oximetry are also available.

Immunizations - call for availability.

**No x-rays*

Rx Assistance: Provided at same visit and on-site
**Limited to medications in stock*
Vouchers available for Tulsa County Social Services Pharmacy for select cases only.

Diabetic Supply: Limited to available stock.
**Patient required to return for follow-up*

Interpreters: Spanish on Monday nights, Thursday at noon and Wednesday mornings.

Other Services: Offers **spiritual resources** and limited **vision testing**.

Morton Satellite Clinic

102 North Denver
Tulsa, OK 74103-1820

Phone: (918) 295-6942

Fax: (918) 295-6948

E-mail: dcarter@mortonhealth.org

Web Site: www.mortonhealth.org

Clinic Supervisor: Damita Carter

Hours: **Monday** 8:30 am - 5:30 pm
Tuesday 8:30 am - 7:00 pm
Wednesday 8:30 am - 5:30 pm
Thursday 10:30 am - 5:30 pm
Friday 8:30 am - 5:30 pm

(Main Clinic Only)

Saturday 9:00 am– 1:00 pm

Fees: None

Eligibility: Homeless adults or adults in temporary housing (shelter/mission) single room occupancy facilities.

Services: **Clinic** offered on-site to adults and the elderly (children are referred to Morton Main Health Center Pediatrics Department)

Most **lab** available at main clinic.

**Pregnancy test clients must be seen at the OB-GYN Department at the Main Clinic for evaluation.*

Xavier Medical Clinic *continued:*

Rx Assistance: Assistance offered for prescriptions through the use of samples and financial assistance with prescriptions for Xavier Medical Clinic patients.

Diabetic Supply: None

Interpreters: Spanish
Wednesday 8:30 am — 4:00 pm

Other Services: **Pregnancy Testing Clinic**
Thursday, 1:00 pm — 4:00 pm

Xavier Medical Clinic

2448 East Admiral Boulevard
Tulsa, OK 74104

Phone: (918) 583-7233

Fax: (918) 585-8167

E-mail: None

Web Site: www.catholiccharitiestulsa.org

Medical Director: Phyllis Lauinger

Nurse Manager: Jessica Gomez

Hours: **Wednesday 8:00 am — 4:00 pm**

Arrive by 8:00am

Priority given to established patients

Fees: None

Eligibility: Uninsured (No health insurance)

Services: **Acute minor care** offered to adults, children, and the elderly

Lab:

- Urinalysis
- Blood glucose
- Strep screening
- HCG
- Hemoglobin

X-rays from 12:00 pm — 2:00 pm only

**Requires referral from other free clinic or Xavier clinic physician*

**Call 583-7233 at 10:00 am to be sure x-ray is available.*

**No immunizations*

Morton Satellite Clinic *continued:*

X-Rays

TB testing

**Except on Thursday*

Rx Assistance: Pharmaceutical Company Patient Assistance Programs utilized.

Diabetic Supply: None, but prescriptions are available.

Interpreters: Spanish available as needed.

Other Services: **Dental services**
**By appointment only*

GYN services

HIV counseling and testing

**By appointment only*

Primary Care – Adults

Oral Health

Mental Health/Substance Abuse

Pharmacy

Translation

Prevention

Outreach

Child Care

Social Services

Referral

Patient Education

Homeless Health Care

Transportation

Morton Satellite Clinic *continued:*

Other Locations: Main Clinic

1334 N. Lansing Ave.

Tulsa, OK

(918) 587-2171

Main Clinic is open on Saturday 9am-pm

*Offers services on a sliding scale basis

East Tulsa Clinic

11520 East 21st Street

Tulsa, OK 74128

(918) 439-4422

*Offers services on a sliding scale basis

Mid-Town Family Health Center

102 N. Denver, Suite B

Tulsa, OK 74103

(918) 295-6042

*Offers services on a sliding scale basis

Nowata Family Medical Clinic

317 E. Delaware

Nowata, OK

(918) 273-9911

*Offers services on a sliding scale basis

*****Transportation is available*****

Tulsa Health Department *continued:*

Services: **Childhood immunizations** available free of charge at all locations.

Rx Assistance: None

Diabetic Supply: None

Interpreters: Spanish
Other languages available with advance notice.

Other Services: Numerous services available

****See website for full list of services****

Tulsa Health Department

5051 South 129th East Avenue
Tulsa, OK 74134

Phone: (918) 582-9355

Fax: (918) 595-4586

E-mail: webmaster@tulsa-health.org

Web Site: www.tulsa-health.org

Bixby Health Center	(918) 369-3155
Central Regional Health Center	(918) 582-9355
Collinsville Health Center	(918) 596-8650
James Goodwin Health Center	(918) 582-9355
Expo Square Health Center	(918) 582-9355
Sand Springs Health Center	(918) 591-6100

Clinic Director: Doug Ressler

Hours: Most clinics operate
Monday — Thursday
8:00 am — 4:00 pm
Friday
8:00 am — 11:00 am

Fees: Most services are low cost or sliding scale based on income.

Eligibility: WIC applicants must be under 185% of the poverty level.

No eligibility criteria for other services.

**Medicaid/SoonerCare patients need to bring insurance ID.*

Neighbor for Neighbor

505 East 36th Street North
Tulsa, OK 74106

Phone: (918) 425-5578

Fax: (918) 425-5764

E-mail: amowry@nfntulsa.org

Web Site: www.neighborforneighbor.org

Executive Director: Ann Smith

Clinic Coordinator: Maria Euresti

Clinic Hours: Monday 6:00 pm — 9:00 pm
Tuesday Clinics begin at 1 & 6 pm
Wednesday 6:00 pm — 9:00 pm
Thursday Clinics begin at 1 & 5 pm

- *Appointments are required for all Medical, Optometry, and Dental Services.*
- *Appointments for Medical are taken Daily at 10:00 AM. Call 764-9565.*
- *Call between the hours of 1:00 pm and 3:00 pm before going for treatment to see if patient needs can be met.*

****Closed the month of August each year****

Fees: None

Eligibility: For those who cannot afford health insurance. **No ID required*

Services: **Clinic** offered to adults, children, and the elderly.

Neighbor for Neighbor *continued*:

Lab available.

Pregnancy testing available.

**No x-rays, immunizations, or TB testing*

Dermatology Clinic – 764-9565

1st & 3rd Thursday of each month

1:00 pm — Appointment required

Women's Clinic

Call 425-5595 ext. 120 for appointment.

Services include exams, referrals, and medications

Rx Assistance:

Monday - Thursday

Sign in from 10 am – 12 pm **or** 1 pm - 2 pm

**No diet pills, birth control, cholesterol-lowering drugs, stomach medications, antidepressants, tranquilizers, psychiatric drugs or narcotics*

Diabetic Supply:

Provided if available.

Interpreters:

Spanish

Monday/Tuesday/Wednesday at 6:00 pm

Thursday at 5:00 pm

Other Services:

Dental Services

- Extractions
- Restorative care
- Hygiene for adults and children not on Sooner Care

By appointment only

**For dental hygiene and restorative care call 425-5535 ext. 122*

Tulsa Dream Center *continued*:

Clothing distribution

Monday/Wednesday/Friday/Saturday,

10:00 am - 2:00 pm

Tuesday/Thursday,

9:00 am — 11:45 pm

Personal counseling for teens

Legal assistance

Last Saturday of the month

2nd Tuesday of the month

Children's recreational programs

Spiritual training and ministry

Car Care Clinic

Please call for dates and times.

Tulsa Dream Center

200 West 46th Street North
Tulsa, OK 74127

Phone: (918) 430-9984, Ext. 106

Fax: (918) 428-1083

E-mail: carolinecou@cox.net

Web Site: www.thetulsadreamcenter.org

Clinic Director: Caroline Coussens

Hours: Last Saturday of the month
11:00 am — 2:00 pm

3rd Tuesday of the month
6:00 pm — 8:00 pm

Wednesdays
9:00 am — 12:00 pm

****Additional hours are available. Please call for times.***

Fees: None

Eligibility: None

Services: Clinic offered for adults
Dental care (by appointment only)
** No TB testing*

Other Services: Food distribution
Tuesday/Thursday, 1:30 pm
Free Lunch Tues/Wed/Thurs,
12:00 pm -- 12:45 pm

Neighbor for Neighbor *continued:*

**For adult extractions call 425-5595, ext. 122.*

Vision Services Include:

- Vision exams by appointment.
Call 425-5595 ext. 119.
- Bring your own prescription in on Monday/Tuesday/Wednesday/Thursday between the hours of: 10 am – 12 pm & 1 pm – 3 pm, or at 6 pm.

**One week wait for glasses*

**Exams and frames are free*

**Charge for lenses is \$30 for adults and \$15 for children*

Case Management

Services and follow-up offered on all patients.

Legal Services

Monday — Thursday

9:00 am — 3:00 pm

Services offered for uncontested civil matters (no criminal work).

Monthly Legal Clinic Evenings

Call agency for appointment

Neighbors Along the Line

5000 Charles Page Boulevard
Tulsa, OK 74127

Phone: (918) 584-1111

Fax: (918) 584-4954

E-mail: NATLinfo@tulsacoxmail.com

Web Site: www.neighborsalongtheline.org

Program Director: Shannon Chambers, Isaac Farley & Iva Hilburn

Executive Director: Mindy Tiner

Clinic Hours: Monday, 5:30 pm — 7:00 pm

**Sign in begins at 5:15 pm
16 people will be seen based on a
number drawing at 5:30 pm.*

Thursdays, 10:00 am—3:00 pm

**Sign in begins at 10:30 am
12 people will be seen based on a
number drawing at 10:45 am.
*NOTE: Recommend calling before
coming to clinic**

Fees: None

Eligibility: Uninsured

**Not a strict screening.*

Services: Clinic offered to adults, children, and the elderly.

**Referrals for lab, x-rays, pregnancy tests, immunizations, or TB testing.*

Tulsa Day Center for the Homeless *continued:*

TB testing during Walk-In Clinic

**See above for services and times*

Rx Assistance: Vouchers provided or referrals given to area agencies.

**No narcotics, pain medications, muscle relaxants, or psychiatric medications*

Diabetic Supply: Limited supply on hand

Interpreters: Spanish available, but not on a consistent schedule.

Other Services: General Health Case Management

Mental Health Case Management

Assistance with **IDs, food handler's permits, housing, benefit information**, and referrals to various social service/training programs
Limited **bus tokens** for verifiable jobs and doctor appointments

Storage of personal belongings

Clothing room

Limited **laundry facilities**

Tulsa Day Center for the Homeless

415 West Archer
Tulsa, OK 74103

Phone: (918) 583-5588

Fax: (918) 583-6745

E-mail: psoucek@tulsadaycenter.org

Web Site: www.tulsadaycenter.org

Clinic Director: Pat Soucek

Hours: Walk-In Clinic
Monday - Thursday and Saturday
9:00 am - 11:00 am

Podiatry Clinic
Once a month by appointment only.

Pregnancy Testing
Monday — Thursday
9:00 am — 11:00 am
**With case management*

Vision Clinic
By appointment only
**Must have vision screening done in the Walk-In Clinic Tuesday—Thursday, then client will receive an appointment with the Ophthalmologist.*

Services: Clinic services to adults, children, and elderly including medical case management
**No lab, no x-ray, no immunizations*

Neighbors Along the Line *continued:*

Rx Assistance: Provided on-site and at same visit
**No narcotics*
**Client must have paper prescription or bottle for prescription samples.*

Diabetic Supply: Assistance with insulin, syringes, and lancets as available.

Interpreters: None

Other Services: WIC
2nd & 4th Wednesday, 9 am - 4:30pm

Food Pantry
Monday, 1:30 pm – 3:30 pm
Tuesday & Thursday, 5:00 pm – 6:45 pm
Wednesday, 5:00 pm – 6:45 pm

General Equivalency Diploma *(self paced)*
Monday thru Thursday, 10:00 am – 7:00 pm

Alcoholics Anonymous
Wednesday, 5:45 pm-6:45 pm

Narcotic Anonymous
Thursday, 5:45 pm - 6:45 pm

Life Skills Classes
Call for class information

Bingo
62 years & older
Wednesday, 10:00 am – Noon

Legal Aid
1st and 3rd Monday, 6:00 pm

***Other services available. Call for details.**

OU Tulsa Alliance for Community Health

(Bedlam)

Offices: 1111 S. St. Louis
Tulsa, OK

Phone: (918) 619-4555

Fax: (918) 660-3611

E-mail: jennifer-davidow@ouhsc.edu

Director of Operations

janelle-whitt@ouhsc.edu

Medical Director

Web Site: <http://tulsa.ou.edu/medicine/bedlam/index.htm>

Clinic Director: Jennifer Davidow, MSW

Clinic Hours: **Bedlam Evening Clinic**

Tuesday, 5:00 pm — 10:00 pm

Thursday, 5:00 pm — 10:00 pm

*Patients must be at clinic by 5 pm for triaging.

Fees: None

Eligibility: No insurance

Services: Primary Care

Rx Assistance: No narcotics/Limited formulary.

Tulsa County Social Services Medical Clinic *continued:*

Services Cont: **Lab**

** Limited to basic testing relative to patient complaint by exam*

**Pregnancy testing, HIV, and Hepatitis screening not offered*

**In-depth work-up referred to a larger facility*

Immunizations for eligible children.

TB Testing available for shelter residents only.

Rx Assistance: Provided at the same visit and on-site at a discounted fee.

**If the client is unable to pay for the medications, they are referred to various other agencies to assist with payments*

Diabetic Supply: None

Interpreters: Spanish

Monday — Friday

8:30 am — 5:00 pm

Other Services: **Case Management** available
Burial/Cremation assistance

Tulsa County Social Services Medical Clinic

2401 Charles Page Boulevard
Tulsa, OK 74127

Phone: (918) 596-5578

Fax: (918) 596-5568

E-mail: ljohnston@tulsacounty.org

Web Site: None

Clinic Director: Geraldine L. Timmons

Hours: **Monday – Friday**
10:00 am – 12:00 pm

Fees: None

Eligibility: 1. Tulsa county resident for a minimum of 6 months
2. Income guidelines
** Contact agency for income guidelines*
3. Ineligible for Medicare, Medicaid, private insurance, or Indian Health-care services
**Must have Social Security card, driver's license, and an item indicating present address (utility bill, etc.)*

Services: **CLINIC TEMPORARILY CLOSED.
PLEASE CALL FIRST.**

General medical clinic offered to adults, children, and the elderly

**No pregnancy-related healthcare or pre-marriage blood tests*

OU Alliance for Community Health *continued:*

Diabetic Supply: Limited

Interpreters: Spanish

Other Services: Lab, Diagnostic Radiology, EKG's, and limited community referrals

Pawnee County Area Health Clinics

1390 West Cherokee
Cleveland, OK 74020

and

230 Beck Drive
Pawnee, OK 74058

Phone: (918) 762-3643 (Pawnee)

Fax: (918) 762-3228

Phone: (918) 358-2546 (Cleveland)

Fax: (918) 358-4151

E-mail: Kdavis4375@aol.com

Web Site: None

Clinic Director: Aleen Sparks

Hours: **Cleveland**

1st Tuesday of each month
(Unless Tuesday is the 1st day of the
month then the clinic will be on the 2nd
Tuesday)

5:30 pm — 8:00 pm

Pawnee

1st Monday of each month

5:30 pm — 8:00 pm

1st, 2nd, 3rd, and 4th Monday evening
Ministerial Alliance Food Bank
Distribution

Fees: None

Eligibility: 180% of poverty level.

**Client must have license or social
security card, proof of address, and
proof of income*

Pawnee County Area Health Clinics *continued:*

Services: **Clinic** offered to adults and the elderly.
Limited **lab** available.

Rx Assistance: Provided on-site and at same visit
**No narcotics or pain medications.*

Diabetic Supply: None

Interpreters: None

Other Services: **Employment** assistance
SoonerCare assistance
Housing assistance
Food assistance