

# Horizons

Creating a New Landscape for  
Community and Clinic Health

June 2016



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If you would like to add your community health events to our calendar, please contact Laura Ross-White at [lrwhite@csctulsa.org](mailto:lrwhite@csctulsa.org)

The Healthy Highlight for June is the Oklahoma Healthy Aging Initiative (OHAI), a program dedicated to enhancing the health and quality of life for older Oklahomans. OHAI understands good health is the key to successful aging, OHAI is focused on increasing access to healthcare and providing important health education to seniors and their healthcare providers statewide.

If you would like to see your program or organization showcased in an upcoming Healthy Highlights section, please contact Laura Ross-White at [lrw@csctulsa.org](mailto:lrw@csctulsa.org)

## Calendar of Events

### Friday, June 10, 2016

#### **Substance Use with Erik Vanderlip, MD, MPH**

11:30am-1:00pm

OU Tulsa Schusterman Campus, Leaning Center Room 231

4502 East 41st Street

Tulsa, Oklahoma

NO COST to attend

RSVP one week prior to the event at: [soonerHAN@ouhsc.edu](mailto:soonerHAN@ouhsc.edu)

Presented by the Sooner Health Access Network

### Friday, June 10, 2016

#### **Fighting Addiction and Depression**

2:00pm-4:00pm

Community Service Council, Large Conference Room

16 East 16th Street, Tulsa, Oklahoma

NO COST to attend

Presented by the Family Health Coalition, Community Home Action Team Plus

### Saturday, June 11, 2016

#### **Men's Health Summit**

9:00am-2:00pm

North Tulsa Regional Health and Wellness Center

16 East 16th Street, Tulsa, Oklahoma

NO COST to attend

Presented by the Tulsa Health Department

**Tuesday, June 14, 2016**

**Opioid Use in Oklahoma with Burl Beasley, D.Ph., MPH, MS Pharm**

11:30am-1:00pm

OU Tulsa Schusterman Campus, Leaning Center Room 138  
4502 East 41st Street

Tulsa, Oklahoma

NO COST to attend

RSVP one week prior to the event at: [soonerHAN@ouhsc.edu](mailto:soonerHAN@ouhsc.edu)

Presented by the Sooner Health Access Network

**Thursday and Friday, June 23rd and 24th, 2016**

**OHAI's Summer Geriatric Institute**

Oklahoma City, Oklahoma

For more information call: 405.271.2290

For registration information visit:

<http://www.ouhsc.edu/ohai/SGI.aspx>

**Friday, June 24, 2016**

**Child Support Panel**

10:00 am to 12:00 pm

Indian Health Care Resource Center, Tulsa, Oklahoma  
550 South Peoria, Cameron Event Center, Middle Room

NO COST to attend

Presented by the Family Health Coalition, Community Home  
Action Team

**Tuesday, June 28, 2016**

**Pain Management Tool Kit for PCPs with Mike Herndon, DO**

11:30am-1:00pm

OU Tulsa Schusterman Campus, Leaning Center Room 138  
4502 East 41st Street

Tulsa, Oklahoma

NO COST to attend

RSVP one week prior to the event at: [soonerHAN@ouhsc.edu](mailto:soonerHAN@ouhsc.edu)

Presented by the Sooner Health Access Network

**Wednesday, June 29, 2016**

**OFMQ QualTech 2016: 1st Annual HIT Conference**

7:30am-5:00pm

Moore Norman Technology Center  
13301 South Pennsylvania Avenue

Oklahoma City, Oklahoma

CME and CEU Credits Offered

To register visit: <http://www.ofmq.com/content/qualtech-hit-conference-2016>

**Save the Date: Thursday and Friday, August 11th-12th, 2016**

**Explore: Healthcare Summit 2016**

Embassy Suites Hotels & Conference Center

Norman, Oklahoma

For more information visit: [www.ExploreHealthcareSummit.com](http://www.ExploreHealthcareSummit.com)

**Save the Date: October 26th-28th, 2016**

## **OKPCA, Annual Conference: Health Centers, the Right Choice!**

Sheraton Hotel  
1 North Broadway Avenue  
Oklahoma City, Oklahoma

## **Publications**

### **Men's Health Month**

- [Blue Print for Men's Health: A Guide to a Healthy Lifestyle](#)
- [Excessive Alcohol Use and Risks to Men's Health](#)
- [Preconception Health: Information for Men](#)

### **National Women's Health Week, May 08-14**

- [Preventing Falls: Conversation Starters](#)
- [Swim Safety: Quick Tips](#)
- [Prepare for an Emergency](#)

### **Healthcare Transformation**

- [How Will Section 1115 Medicaid Expansion Demonstrations Inform Federal Policy?](#)
- [Kaiser Health News: Medicine for Millennials](#)
- [Core Competencies for Behavioral Health Providers Working in Primary Care](#)

## **Toolkits**

### **Men's Health Month**

- [Planning a Mini Health Fair: Men's Health Zone](#)
- [Wear Blue: Pump Up The Blue](#)
- [Men's Health Flyers: A Topical List of Men's Health Issues](#)

### **National Safety Month**

- [National Safety Month: Organizational Tool-Kit](#)
- [National Safety Month 2016: Tool-Kit](#)
- [Chartbook on Patient Safety: National Healthcare Quality and Disparities](#)

### **Healthcare Transformation**

- [A Toolkit for Redesign in Health Care: Final Report](#)
- [Mental Health Collaborative Care: A Synopsis of Rural and Isolated Communities: Toolkit](#)
- [Enhanced Personal Health Care Program: A Provider Toolkit](#)

## Health Literacy Resources

### Men's Health Month

- [Social Media Images for Men's Health Month](#)
- [Men's Health Month: Posters](#)
- [Protecting Your Family: PSA for Men's Health from the Harvard School of Public Health](#)

### National Safety Month

- [A Lifetime of Risk: Infographic](#)
- [Hidden Epidemics: What the Data Tell Us About Our Safety: Webinar: June 14, 2016](#)
- [National Safety Council: Safety Check-Up](#)

### Healthcare Transformation

- [Politics in Real Life: Rising Health Care Costs: AUDIO](#)
- [Primary Care Practice Facilitation Curriculum](#)
- [Alternative Payment Models: Frequently Asked Questions](#)

## Healthy Highlights

The Oklahoma Healthy Aging Initiative (OHAI) enhances health and quality of life for older Oklahomans.


Because health is multi-faceted, OHAI uses a three-prong approach to improve the wellness of seniors:

- Increase access to and quality of interdisciplinary geriatric healthcare
- Provide excellence in health education to:
  - Healthcare professionals
  - Students of the healthcare and social service disciplines
  - Older adults and their families
  - Community at large
- Optimize health and aging policy

OHAI is creating a statewide senior health network by establishing Centers of Healthy Aging in five regions across the state. Centers provide both clinical care and health education throughout their respective regions. Two of the five are currently open.

### Centers of Healthy Aging

Located in five regions across the state, the centers work in collaboration with local service clinics, while providing health education throughout their respective regions. Each center offers educational programs geared towards seniors, caregivers and those providing healthcare services to seniors. Programs include topics ranging from healthy aging to assisting individuals living



with chronic diseases. In addition to our regular programming, education specialists are available to present on a wide range of topics in your communities.

Links to non-Federal and Federal organizations are provided solely as a service to our users. These links do not constitute an endorsement of these organizations or their programs by the Community Service Council of Greater Tulsa or the Federal Government, and none should be inferred. The Community Service Council is not responsible for the content of the individual organization Web pages found at these links.

**Sincerely,**

Laura Ross-White  
Community Service Council

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