



*you are not  
alone*

UNDERSTANDING THE POWER OF  
POSTPARTUM DEPRESSION + TWO-GENERATION APPROACH + FATHERHOOD



**WEDNESDAY, OCT. 26**

SCREENING OF DARK SIDE OF THE FULL MOON

5:30 PM - 7:15 PM

HOR D'OURVES



**THURSDAY, OCT. 27**

EMPOWERING OKLAHOMA WOMEN'S CONFERENCE

KEYNOTE SPEAKER: SARAH VERBIEST, DR.P.H., M.S.W., M.P.H.,

8 AM - 5 PM



OU-TULSA, LEARNING CENTER, 4502 E 41ST ST, TULSA, OK 74135



CEU'S AVAILABLE FOR LCSW, RN, LPC, & CHILDCARE

**RSVP AT [SURVEYMONKEY.COM/R/EOW2016](https://www.surveymonkey.com/r/EOW2016)**



The 3rd Empowering Oklahoma's Women Conference: You Are Not Alone will focus on the parenting journey and how the whole family and the community are a part of that journey. Session topics will include: **Becoming a Mother and the Challenges in the Postpartum Period, The Two-Generation Approach, ACES, Fatherhood, Pregnancy and Parenting Alone...and much more!**

### **DR. SARAH VERBIEST, DR.P.H., M.S.W., M.P.H.**

Dr. Sarah Verbiest is the Executive Director of the Center for Maternal & Infant Health and Research Assistant Professor in the OB/GYN Dept. at the School of Medicine at the University of North Carolina at Chapel Hill. She coordinates the NC Recurring Preterm Birth Prevention Program, a statewide smoking cessation program for pregnant and new mothers, a postpartum visit program, and several projects serving high-risk pregnant women, new mothers and their infants. She serves on the Governor appointed NC Child Fatality Task Force, co-chairs the NC Perinatal Health Committee, is a member of the CDC Leadership Team on Preconception Health, serves on AMCHP's Best Practice Review Committee, and is a board member of the Women's Birth and Wellness Center.



### **THANKS TO OUR SPONSORS:**

Family Health Coalition, Community Service Council, Tulsa Healthy Start, Little Dixie Healthy Start, March of Dimes, Tulsa City-County Health Department Healthy Start

For more information contact  
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