

ALL-OK

HAVE YOU BEEN AFFECTED BY COVID-19 IN ANY WAY?

WHAT IS ALL-OK?

ALL-OK is a team that is trained in Crisis Counseling, working under FEMA Bill 4530. We are reaching out in local communities to address needs that may have been a result of recent events.

WE PROVIDE:

- Information
- Education
- Emotional Support
- Links to Resources

WE ARE:

- Confidential
- Anonymous
- Free

HOW CAN ALL-OK HELP?

By offering education on:

- Recognizing common reactions to hardships
- Building coping and grounding skills for the recovery process
- Managing stress
- Identifying and meeting children's needs
- Prioritizing needs and locating appropriate resources

AVAILABLE FOR:

- Phone Conferences
- Live Video Chat
- Free Informational Webinars



CONTACT US

918-392-5832

- COUNSELING & RECOVERY SERVICES OF OKLAHOMA
- FAMILY AND CHILDREN SERVICES
- CREEKS